

# MARCH

- + I respect the process of all things, and I place my faith in the unchanging essence of life that continues to breathe everything.
- + I am in harmony with my body, mind, and soul.
- + I allow myself to be seen. Old insecurities are replaced with confidence.
- + I don't have to be perfect to be worthy of my own love.
- + I deserve love, happiness, and prosperity in all areas of my life.
- + There is nothing that can bring me down without my permission, because the power exists within me to rise above.

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7	8	9	10	11	12	13
14	15	16	17	18	19	20
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