

The Facts...

- Sexual assault 7 times higher for girls
- 1 in 2 women and 1 in 4 men have experienced sexual harassment
- 1 in 6 women have experienced abuse before the age of 15

Sexual Assault in Australia - Australian Government Institute of Health and Welfare, www.aihw.gov.au, 2020.
Personal Safety, Australia - Australian Bureau of Statistics, www.abs.gov.au (accessed April, 2021)

Session Overview

Parents Night

- Intro: why is this important?**
- The basics - principles and concepts**
- Consent - perspective, laws, parenting**
- Sexting - perspective, laws, parenting**
- Conclusion and resources**

The Basic Plan!

- Understand the PROBLEM**
- Find SOLUTIONS (Strategies)**
- Stay MOTIVATED**

Realtalk

The world is changing and that changes things!

Quiz Question - Put in order

Matt's iPad has frozen. He needs an iPad to complete his activity. He sees that Nick isn't using his and he wonders if he could use it. What should he do?

- A** Explain to Nick the problem. Ask his permission to start using the iPad.
- B** Make sure Nick is not using it then start using it.
- C** Explain to Nick the problem. Ask his permission to use it and wait to make sure that he has given his permission clearly before using it.
- D** Grab the iPad! Just what he needs.

ANSWER: C,A,B,D

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The basics - Primary age...

- Consent is one way that we show and give respect
- It is when you properly give permission for someone to do something that affects you
- We don't do things others don't want us to

- 1) Reflect on a time someone did something against your wishes and how it made you feel?
- 2) Apply that when dealing with others

The basic process - when asking:

- 1) Ask **permission**
- 2) Wait and accept the answer without forcing/pressuring.

** remember MITIOG (dignity, respect, doing what is best for them not just what you or they want)*

The basic process - when being asked:

- 1) Think about what you **desire** and what is **best**
- 2) Recognise how you **feel**
- 3) Share how you feel - be **clear** and **brave**

** remember MITIOG (dignity, respect, doing what is best for them not just what you or they want)*

The basics - when Parenting:

- Teach them to reflect and consider self, others and the "good" of all involved
- Teach them to reflect on Christian values
- Teach them to recognise their desires and their autonomy
- Be supportive of their autonomy and affirming of strong decisions (I.e. Train from an early age in the ability to say NO when there is pressure to say YES)

Question

Sasha is friends with Cohen. She wants to be more than friends, to be his girlfriend. One day she notices that Cohen is feeling sad and she wants to give him a really big hug.

- A** Sasha asks Cohen if he would like a hug.
- B** Sasha asks Cohen if she can hug him. He says, "Maybe" and so she hugs him gently.
- C** She talks to her friends about him being sad, plans her strategy, and when he is alone she goes in for a whole body hug!
- D** Sasha asks Cohen quietly what is wrong. After answering she asks if she can hug him. He says yes and she gives him a short hug.

ANSWER: D,A,B,C

Sasha is friends with Cohen. She wants to be more than friends, to be his girlfriend. One day she notices that Cohen is feeling sad and she wants to give him a really big hug.

- A** Sasha asks Cohen if he would like a hug.
- B** Sasha asks Cohen if she can hug him. He says, "Maybe" and so she hugs him gently.
- C** She talks to her friends about him being sad, plans her strategy, and when he is alone she goes in for a whole body hug!
- D** Sasha asks Cohen quietly what is wrong. After answering she asks if she can hug him. He says yes and she gives him a short hug.

Quiz Question

You are at a party. A person who has been really flirty with you all night now wants to get physical, but they have been drinking alcohol and are slurring their speech. You:

- A** Say "NO - you have been drinking" and walk away quickly
- B** Go into a room with them and start getting physical. After you have done some stuff you stop.
- C** Tell the person that you really like them but that you respect them too much to go any further. You then make sure they are looked after until they go home.
- D** Say yes - this is just what you have been waiting for!

ANSWER: C,A,B,D

You are at a party. A person who has been really flirty with you all night now wants to get physical, but they have been drinking alcohol and are slurring their speech. You:

- A** Say "NO - You are just way too tipsy" and walk away quickly
- B** Go into a room with them and start getting physical. After you have done some stuff you stop.
- C** Tell the person that you really like them but that you respect them too much to go any further. You then make sure they are looked after until they go home.
- D** Say yes - this is just what you have been waiting for!

Let's start by keeping it simple...

CONSENT

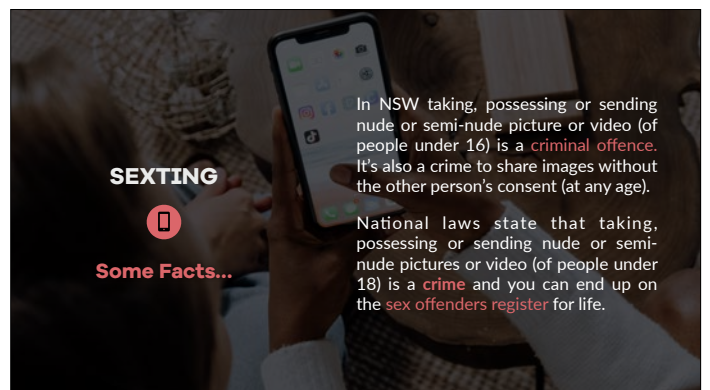
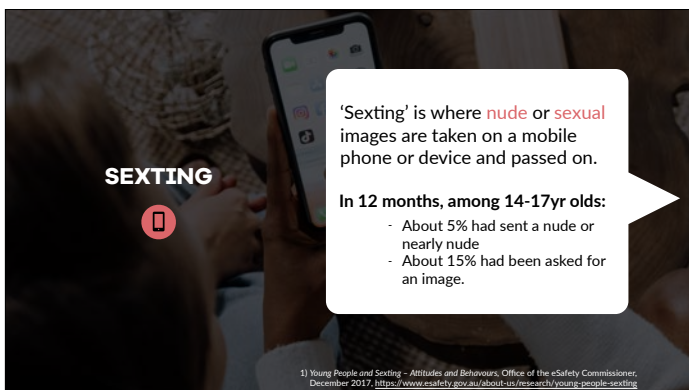
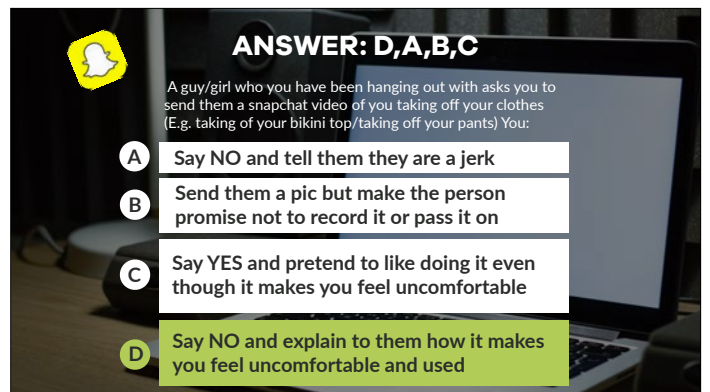
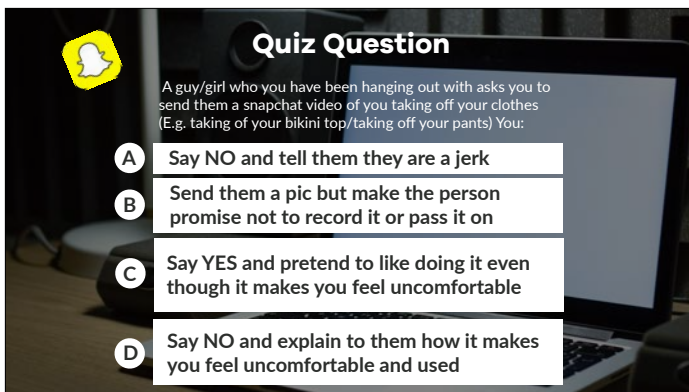
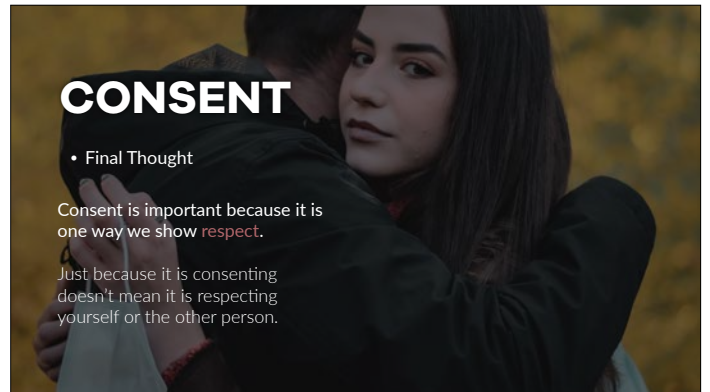
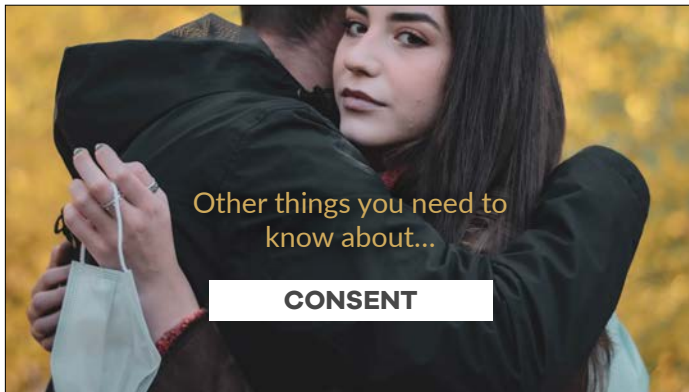
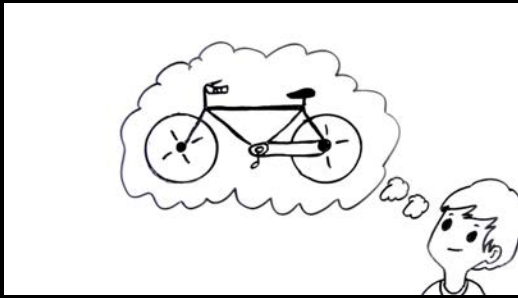




Image-based abuse is when someone **shares** or **threatens** to share private, nude or sexual photos or videos of someone, without that person's **consent**.

Image-Based Abuse
"revenge porn"

The **penalty** for anyone who intentionally distributes an intimate image of another person without that other person's consent, while knowing or being reckless to the fact that the other person did not consent is up to \$111,000 fine or **3 years in prison**.

For more info visit esafety.gov.au/image-based-abuse


Dealing with Image-Based Abuse

- Get support**
 - You can find detailed advice by googling "eSafety image-based abuse."
 - Tell someone – ideally a trusted adult such as a parent or teacher.
- Report it to eSafety**
 - eSafety can help get the images taken down and potentially take legal action against the person who shared or threatened to share the images
 - To report image-based abuse, just go to esafety.gov.au/report or google "eSafety report"
- Report it to the website or social media platform**
- Consider getting legal advice** (free if you're under 18) or help from the **police**

Pornography

Problematic messages

- Girls are always ready for sex
- The man has the power
- Everyone is promiscuous
- Sex and violence goes together
- You can't say no
- No means yes
- You don't need to discuss consent or care for the other person




Talking Point

What is one thing you have learnt or want to do as a parent as a result of tonight?



Action Time

Real Talk is a not-for-profit registered charity - Scan to support our mission in supporting parents...



Thanks

Respectful Relationships

Has been recorded and will be found in our portal in 24hrs

Links:
Sign up for free consent resources
<https://www.realtalkeducation.org/consent/>

Slap her
https://www.youtube.com/watch?v=b2OckQ_mbiQ

Cycling through Consent
<https://www.youtube.com/watch?v=-JwIKjRaUaw>

Sexual Assault in Australia - Australian Government Institute of Health and Welfare, www.aihw.gov.au, 2020.
Personal Safety, Australia - Australian Bureau of Statistics, www.abs.gov.au (accessed April, 2021)

Sexting Research:
Young People and Sexting - Attitudes and Behaviours, Office of the eSafety Commissioner, December 2017, <https://www.esafety.gov.au/about-us/research/young-people-sexting>

Image based abuse:
esafety.gov.au/image-based-abuse

eSafety Reporting:
esafety.gov.au/report