

# MAY

- + I trust the process of life, even, and especially, when it doesn't unfold as I have planned.
- + I am capable of handling any challenges I face.
- + I am dedicated to living in alignment with my purpose.
- + My positive personality attracts kindred spirits into my life.
- + I will listen to my body when it asks for rest.
- + I am beautiful and radiate with light from within.

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