

BTE ZERO



SOFT SKILLS IN ACTION

KEYS TO MASTERING HYPER-COMPLEXITY

INTEGRAL TRANSPERSONAL COUNSELING SCHOOL

Biotransenergetics (BTE) Methodology)

ITI SOFT SKILLS
LEARNING
SYSTEM
(SSLS)

Free from the past, rooted in the present, ready for the future



BTE ZERO



INTRODUCTION

BIOTRANSENERGETICS, BTE SINCE 1982
ITI - INTEGRAL TRANSPERSONAL INSTITUTE

SOFT SKILLS IN ACTION

WWW.INTEGRALTRANSPERSONALLIFE.COM



THE CHALLENGE OF HYPER-COMPLEXITY

POLLUTION

WATER USE

FOREST LOSS

MIGRATION

GLOBALIZATION

LACK OF TIME

SPEED

LOSS OF CONTACT WITH ONESELF

DIGITALIZATION

GLOBAL WARMING

SPECIES EXTINCTION

GLOBAL FINANCE

INFORMATIONAL INFLATION

PERSONAL IMPORTANCE

HYPERTROPHY OF RATIONALITY

COMPETITION



GLOBAL HUMAN CAPITAL REPORT

Everyone everywhere is operating in a hyper-complex environment. Most students and workers are not being adequately prepared with either the hard skills or the soft skills they need to be successful. Soft skills are key to the future.

Many of today's education systems are already disconnected from the skills needed to function in today's labor markets and the exponential rate of technological and economic change is further increasing the gap.

The Global Human Capital Report 2017

Preparing people for the future of work



FORBES ON EDUCATION

“No field operates more inefficiently than education. A new breed of disruptors is finally going to fix it.”





NEW TRENDS IN EDUCATION

- Degrees losing currency
 - Competency Stacks gaining currency
 - Soft Skills key competencies
 - Competencies, Soft Skills are the new Liberal Arts
-
- Knowledge must be enhanced with Soft Skills and Action in the World

SOFT SKILLS COUNSELING COMPETENCIES

These are the key skills for:



1

Post-conventional, transcultural and world-centric societies capable of solidarity and acceptance of the weakest

2

Organizations capable of operating according to systemic models of partnership, collaboration, creativity

3

A Scientific Community that works from an integral standpoint and extends its jurisdiction to the completeness of the human experience

4

Flexible labour force able to cope with the rapidity of socio-environmental changes

5

Conscious and compassionate human beings capable of responding to problems effectively and competently

6

Teachers skilled in emotional and interior competencies and able to foster an understanding based on insight, the development of creative potential and the most genuinely human qualities

7

Individuals inclined to service and participation, prone to interconnection and synergy, ready for mutual understanding, conflict resolution and management of common resources.

KEY COMPETENCIES

COLLABORATION

CREATIVITY

EMOTIONAL COMPETENCIES

CONNECTION TO SELF

INTEGRAL THOUGHT

TOLERATE UNCERTAINTY

SERVICE

COMMUNICATION

FLUIDITY

MASTERY OF STATES OF CONSCIOUSNESS

ARCHETYPAL EXPERIENCE

WILLINGNESS TO CHANGE

TRUST

LISTENING





ITI - UBIQUITY UNIVERSITY PARTNERSHIP

FOR AN INTERNATIONALLY ACCREDITED
INNOVATIVE TRAINING

ITI SOFT SKILLS LEARNING SYSTEM (SSLS)
SOFT SKILLS IN ACTION

A HIGH COLLABORATIVE SYNERGY

- ITI is the country partner for Italy of Ubiquity University, which is an internationally accredited, innovative, global learning community founded on an integral teaching system designed to provide skills in order to face the challenge of hyper-complexity.
- Each degree obtained at ITI is accredited by Ubiquity University and allows access to the completion of academic studies to obtain, based on the degree, Bachelor's, Master's or Ph.D.
- Simultaneously, ITI accredits the counseling and soft skills training courses by partners who offer courses compliant with ITS SSLS standards.

SOFT SKILLS IN ACTION



UBIQUITY UNIVERSITY ACCREDITATIONS

Ubiquity University is accredited by the Accreditation Service for International Schools, Colleges and Universities (ASIC) in the United Kingdom. ASIC is recognized by the British Government Home Office and is a member of the British Quality Foundation.

ASIC is an affiliate of the European Network for Quality Assurance (ENQA) and an institutional member of the European Distance and E-Learning Network (EDEN).

Accreditation by ASIC conforms to the educational standards of Britain and the European Union. ASIC is also a member of the U.S. Council on Higher Education's International Quality Group (CIQG) and conforms to the highest U.S. educational standards. ASIC accredits 320 colleges and universities in 60 countries around the world.

<https://www.ubiquityuniversity.org/accreditation/>



UBIQUITY UNIVERSITY ACCREDITATIONS

Accredited universities all over the world are recognized as accredited by other universities. However, no university is obliged to accept a degree from any other university and no university is obliged to accept transfer courses.

Even if a university accepts a student, they seldom accept all the courses the student seeks to transfer, especially for students transferring from one country to another. It is always a negotiation.

By providing students with a detailed portfolio of all the competencies they demonstrate, with links to evidence, we believe Ubiquity is giving students the best possible chance of having their degree accepted by another university.



ITI ACCREDITATIONS

The ITI Integral Transpersonal Counseling Training is recognized by AssoCounseling.

AssoCounseling is a professional association pursuant to the Law of 14 January 2013, n. 4.

In order to protect consumers and guarantee the transparency of the professional services market, AssoCounseling issues its members with a certificate of quality and professional qualification of services pursuant to art. 4 of the same Law.

AssoCounseling is a member of the Free Professional Associations Coordination (CoLAP), FederCounseling and the International Association for Counseling (IAC).
AssoCounseling is also a UNI member.
<https://www.assocounseling.it/>





THE METHODOLOGY

FOR AN INTERNATIONALLY ACCREDITED INNOVATIVE TRAINING

ITI SOFT SKILLS LEARNING SYSTEM (SSLS)
SOFT SKILL IN ACTION

THE TRANSPERSONAL MOVEMENT

The Biotransenergetics path is suited for anyone who wants to start a journey towards a more profound discovery of one's own true nature...

For several decades now, a new school of thought has been developing in various fields of knowledge, particularly within the worlds of psychology and pedagogy, in medicine and in ethno-psychiatry, in anthropology and in the arts. Supported by the new discoveries in modern physics, by researches on the states of consciousness and ancient spiritual traditions based on meditation, this movement deals not only with the individual's problems, but – most importantly – with the individual's potentialities and higher qualities.

This is the Transpersonal Movement, founded on the premises of the new science and ancient traditions, as well as on what Bohm defined as “an understanding of a new order”, as the result of mastering one's own inner experience, arisen from insight. During this explorative path, the Transpersonal Movement integrates the experience of Western scientific thought with ancient traditions based on meditation. In addition, the Movement encompasses shamanic practices based on ecstatic experience and on the direct contact with the forces of nature.

THE INTEGRAL VISION

In ancient times, the human being's primordial yearning to comprehend nature and harmonize with it created the first "religions of nature", according to which there exists a "fundamental unity of creation".

This is a vision of the integral "original" world, which is of an ecstatic order and according to which the mineral, vegetable, animal and human worlds, as well as the subtle world of spirit and divinity, exist one inside the other and one for the other. The term Integral derives from the Latin *integrum*, a term composed of *in*, which stands for non, and of *tan-ge-re*, which stands for touch: to not touch, to whom nothing has been removed, to whom nothing is lacking; that which is whole, pure, or uncorrupted.

Thanks to its scientific development, humanity has made progresses that weren't even remotely imaginable in the pre-scientific era. However, due to its development, it has chosen to abandon its integrity, it has been corrupted, it has needed to remove and to become contaminated/impure.

The very emphasis on self-knowledge has been derailed to the knowledge of instruments, as well as from learning how to know/experience, to knowing the other from oneself. From teaching oneself to know oneself, to transmitting knowledge without teaching how to obtain it.

The Transpersonal Movement aids in returning to one's original values, which have been lost along the road of hastiness and urgency, of mania (delusions of grandeur) and ignorance, greed and presumption. The Integral Vision takes on the Christic *Medice cura te ipsum* and the Socratic *γνοθι σεαυτόν*, know thyself. Moreover, the teachings of the seven wise men (Ancient Greece 620 BC and 550 BC), dating back to the religious tradition of Delphi, resonate with the Integral Vision: "Too much of nothing, great is the measure, do not seek the impossible, know who you are and do not presume to be more than who you are, do not offend the deity by pretending to be like God."

Since it is not identified with scientific thought and an epistemology that focuses only on matter and, consequently, the "contact with the divine", today the Integral Vision can be considered the repository of the ancient "original tradition".

On the contrary, the Integral Vision operates affirms the new science and a new epistemology based on the mastery of the inner experience, as well as participation and sharing. Moreover, through the Integral Vision, one does not neglect the highest and genuinely human qualities such as love, compassion, awareness, responsibility, trust, acceptance.

In fact, it should be noted that having an integral approach does not mean doing "everything a little", as many often believe. Nor does it mean practicing a set of integrated techniques. Instead, it suggests having a unified vision, a vision that is expressed through a *modus operandi*, which is able to recognise and teach to realise the creative potential and the evolutionary thrust that every event, crisis, symptom, problem or suffering contains in itself.



BTE ZERO: BTE UPDATED BY ITS FOUNDER

The discipline of BIOTRANSENERGETICS (BTE) is a poetic act, whose intent is to teach to recognize the sacredness of the creative impulse of life in all its manifestations, as well as to conform to its laws.

Biotransenergetics proposes a methodology based on inner experiences, exploration of the dimensions of consciousness and on participation and sharing. Its intention lies in the realisation of awareness, which is disclosed in the most authentic dimensions of the heart, beyond the thought processes of the ordinary mind. An integral and transpersonal therapeutic model is oriented to the realization of the self, making one able to intervene effectively in the processes of transformation of consciousness.

TO WHOM IS IT ADDRESSED?

Within every doctor, psychologist, health practitioner, teacher, educator, manager, artist, man and woman of good will, lives a human being who often neglects or hides their truest parts.

BTE ZERO

BTE Zero offers specific training courses for the application of soft skills in different contexts:

- helping relationships
- spiritual realisation
- realisation of one's creative and artistic potential
- education
- organizations



The Content

The content is derived from the phenomenological experience of different states of consciousness and Biotransenergeticss allows us to access these participatory or hands-on inner experiences. We define participatory inner experience as a set of personal experiences such as feelings, moods, emotions, feelings, desires, needs, thoughts, memories, images, intuitions, and transpersonal experiences such as extra-sensorial perceptions, spiritual, mystical, ecstatic experiences, archetypal visions, mythological dreams, revelations, insights, openings of the heart, non-ordinary states of consciousness, near-death experiences, and so on.



The Process

With Biotransenergetics, the Transpersonal Counselor and the Counselor Trainer acquire skills to accompany the client or student by means of learning a theoretical framework and a body of transpersonal practices, which derive from spiritual disciplines such as meditations, chants, dances, psychophysical and breathing exercises, ritual ceremonies, visualizations, etc. This long process allows the student into an initial exploration of one's inner world manifested through sensations, emotions, perceptions without apparent meaning. Moreover, it leads to the investigation and gradual release from one's personal history, passing through experiences of radical transformation and by accessing the transpersonal dimension, the place of spiritual qualities and "true nature".

The Context

The Transpersonal Context denotes the framework used to read the events through the transpersonal lens.

The recognition of the transpersonal context coincides with the recognition of the true nature of the individual, which is always independent of the personality, unconditioned by biographical history and, instead, has to do with the "descent of the spirit on the plane of material reality", or with the emergency in the "individual psyche of an archetype from the collective unconscious".



BTE ZERO KEY CONCEPTS:

- BIOTRANSENERGETIC INTEGRATION
- FURTHER MODE
- SECOND ATTENTION
- THE THREE METHODOLOGICAL CORNERSTONES
- INTEGRAL THOUGHT



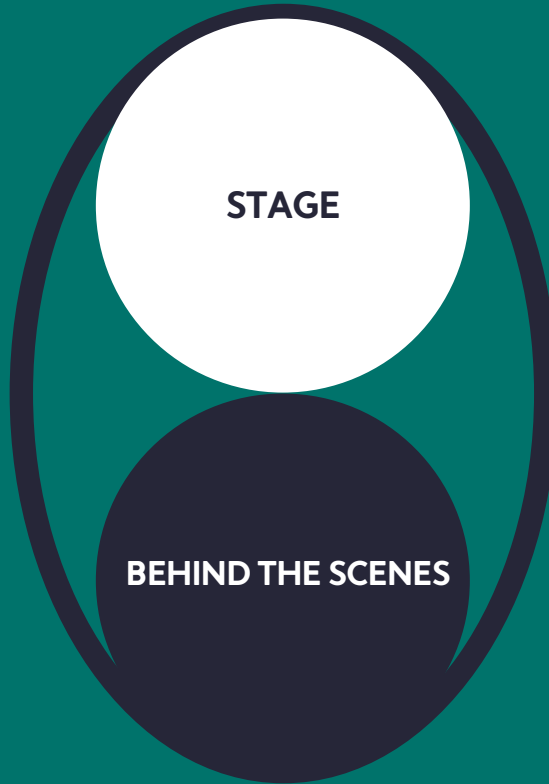
BIOTRANSENERGETIC INTEGRATION

BTE since 1982



FURTHER MODE

SECOND ATTENTION



BTE ZERO

THE THREE METHODOLOGICAL CORNERSTONES



MODES OF THINKING

The difference that makes the difference

- **Thinking:** creating beliefs
 - **Wishful Thinking:** being guided by beliefs
 - **Critical Thinking:** making beliefs coherent with evidence
- 
- **Lateral Thinking:** restructuring beliefs with creativity.
 - **Intuitive Thinking:** Bypassing beliefs
 - **Conscious Thinking:** Observing beliefs
- 
- **Integral Transpersonal Thinking:**
Observe the contents of the Organismic self, the state of consciousness, the data of the external world and of the field.
- 



The background image shows a wooden suspension bridge with a metal mesh railing, stretching into a dense forest of tall evergreen trees. A semi-transparent teal band covers the middle portion of the image, serving as a background for the text.

BTE ZERO

TRANSE LEARNING

FOR AN INTERNATIONALLY ACCREDITED
INNOVATIVE TRAINING

ITI SOFT SKILLS LEARNING SYSTEM (SSLS)
SOFT SKILL IN ACTION

TRANSE LEARNING


A FURTHER MODE

Theory/Practice
here and now and all around



P.L. LATTUADA M.D., PSY.D., PH.D.
SOFT SKILL IN ACTION

TRANSE LEARNING

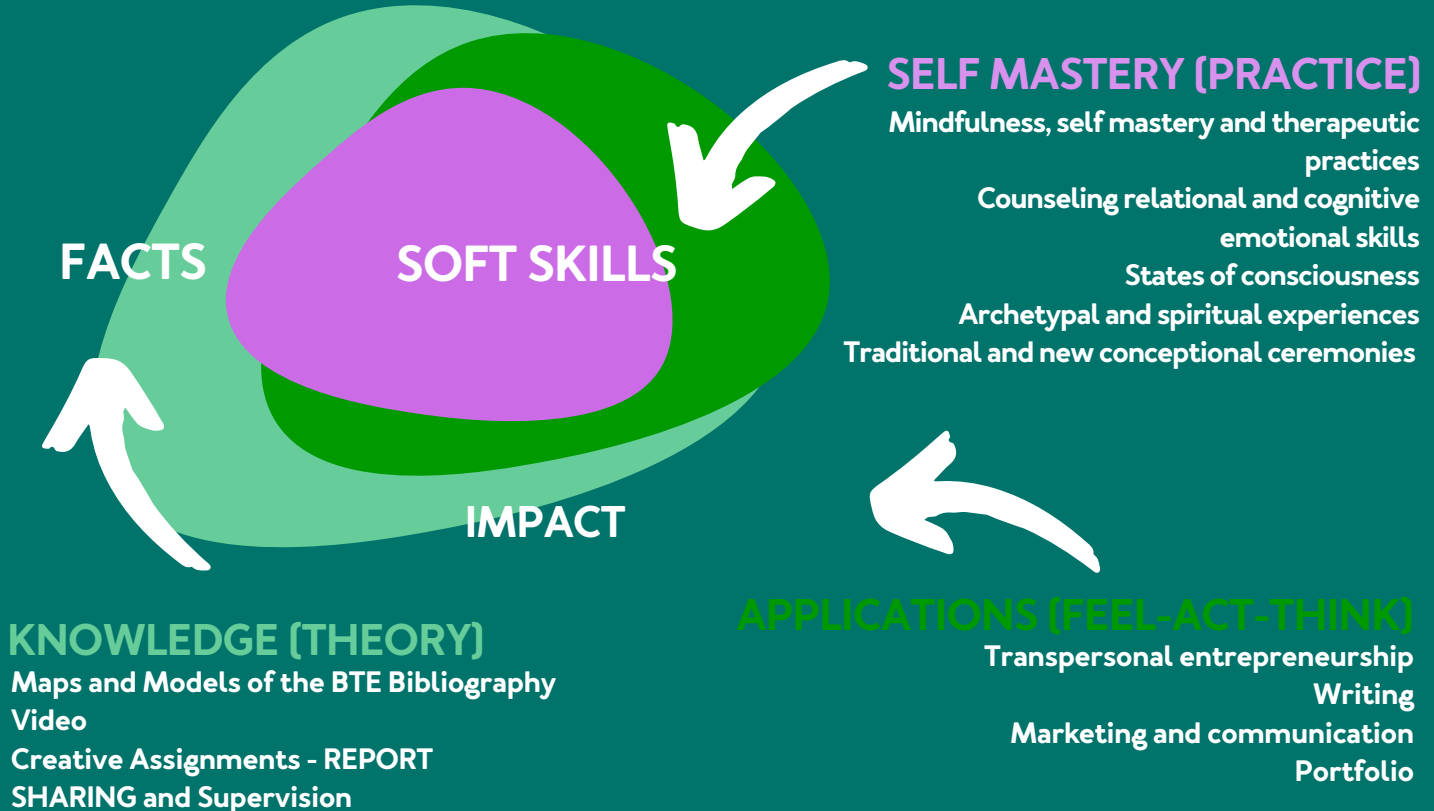


Transe Learning is an integral teaching methodology capable of creating the conditions for insights, for the understanding of a "new order". This was considered by the ancient traditions of humanity as the only way for an authentic knowledge, which is realised through the whole body, within the cells, as well as in the emotions and in the mind. A teaching that is reached through the mastery of the "felt sense", (the awareness of proprioceptive signals, from kinesthetic to visceral), the ability to pass through pain and wounds (personal emotional history, empathic identification).

ITI-SSLS integrates the learning design of UU (facts, self-mastery, impact) with the corpus of the BTE maps, models and practices, of the integral thought and the wisdom of the ancient traditions of humanity.

TRANSE LEARNING

ITEGRATION OF ITI SSLS AND UU LEARNING DESIGN



ITI SOFT SKILLS LEARNING SYSTEM (SSLS)

SELF SOFT SKILL IN ACTION

ITI-SSLS is designed for "young people" at heart who know they come from afar and that they have a present and a future as protagonists, innovators, and creatives. They can be the pioneers of a new culture of sharing, which is capable of transcending and including dualisms, as well as the differences and conflicts of the wider system that includes them.

The Further Mode:

The separation between theory and practice, between mind and body, between action and feeling, between male and female, between past and future, between matter and consciousness, traditional and scientific, academic and experiential, is overcome in a transformative didactic methodology, a Further Mode that teaches how to "make two into one".



ITI-UBIQUITY UNIVERSITY PARTNERSHIP

**A HIGH COLLABORATIVE
SYNERGY**



PROGRAMS & CERTIFICATIONS

For an internationally
accredited innovative training

ITI - UBIQUITY UNIVERSITY PARTNERSHIP

PROGRAMS AND CERTIFICATIONS

- This program qualifies you to obtain both a Diploma of Integral Transpersonal Counseling issued by ITI and a Bachelor of Arts Degree in Integral Transpersonal Counseling (BA ITC).
- The ITI-Ubiquity BA ITC Degree is composed of 90 credits, which will be required to obtain the BA ITC.
- For those who have already completed a BA program in Integral Transpersonal Counseling.
- The programs of Master of Arts and Ph. D in Integral Transpersonal Counseling provide personalized courses to be agreed upon during admission.
- Anyone who has already completed a BA program in Integral Transpersonal Counseling or is in possession of an ITI accredited degree and at least a three-year degree can apply to the Master Completion program at UU.
- Anyone who has completed an MA program at UU or is in possession of an ITI accredited specialization diploma can access a Ph. D Completion program at UU.
- Those interested can contact ITI or UU admission office for the creation of a Master Completion program or Ph. D Completion research personalised program.

ITI - UBIQUITY UNIVERSITY PARTNERSHIP

PROGRAMS AND CERTIFICATIONS

The training program provides for the following activities to be carried out at the acquisition of credits.

Online courses

- Live webinar attendance
- Weekly Assignments (Reflection Journal)
- Final Creative assignments

In person Courses

- Attendance to 8 in person learning journey (five days Practical-Theoretical BTE Seminars including internship and supervision) (twice a year)
- Assignments (Reflection Journal)
- Final Creative assignments
- Final Examinations
- Dissertation

ITI - UBIQUITY UNIVERSITY PARTNERSHIP

PROGRAMS AND CERTIFICATIONS

Online Elective Courses

- 8 elective courses are required.
- More elective courses are available via other partner schools.

Self - mastery practices

- During the year there are some optional and some compulsory exercises. The compulsory ones take place over a weekend, the optional ones are either individual or in small groups for a minimum of 50 hours per year. They provide 5 credits per year. In order to obtain the credits the student must present a self-certification indicating the number of hours, together with a brief report on the project and personal experience.

Individual training, internship and supervision

- The individual and supervision sessions take place for a minimum of 50 hours

Assignments

- The required monthly reports must be carried out as per the guidelines and submitted in electronic format to the following email address:
scuolapsicoterapiabte@gmail.com

ITI - UBIQUITY UNIVERSITY PARTNERSHIP

PROGRAMS AND CERTIFICATIONS

Dissertation sessions

There are two thesis sessions

- spring session: April
- summer session: June

Attendance

- Students in good standing with the documentation, the payment of the registration fee (ITI Card Student) and the annual fee have the right/duty to attend the lessons both online and in presence in order to get the required credits.

Examinations

- Evaluation takes place by:
- Reflection Journals
- Practical tests
- Final examination
- Final thesis

BACHELOR OF ARTS COMPLETION IN INTEGRAL TRANSPERSONAL PSYCHOLOGY COURSES

Core Courses: (12 credits)

- Foundations of Integral Transpersonal Psychology (Pier Luigi Lattuada, PhD – ITI) (3 credits online)
- Theories and Methods of Integral Transpersonal Psychology (Pier Luigi Lattuada, PhD – ITI) (3 credits online)
- Great Books (Jim Garrison, PhD and Gyorgyi Szabo, PhD – UU) (3 credits online)
- Foundation in Soft Skills and UN SDGs (Shelly Alcorn, UU) (3 credits online)

In-Person Learning Journeys (48 Credits)

- Beyond the Mind 1 (6 credits in-person) ITI
- Beyond the Mind 2 (6 credits in-person) ITI
- Beyond the Mind 3 (6 credits in-person) ITI
- Beyond the Mind 4 (6 credits in-person) ITI
- BTE Body Work (6 credits in-person) ITI
- BTE Body Work (6 credits in-person) ITI
- BTE Breath-Sound Work (6 credits in-person) ITI
- BTE Eye work (6 credits in-person) ITI

BACHELOR OF ARTS COMPLETION IN INTEGRAL TRANSPERSONAL PSYCHOLOGY COURSES

Elective Courses: (24 Credits) available now

- Life Span Development and Human Experience (Pier Luigi Lattuada, PhD – ITI) (3 credits online)
- Creativity, Critical and Integral Thinking (Pier Luigi Lattuada, PhD – ITI) (3 credits online)
- Integral Transpersonal Education (Gabriella Delmonte, ITI) (3 credits online)
- Psychobiology, States of Consciousness and Neuroscience (Regina U. Hess, PhD – ITI) (3 credits online)
- Integral Transpersonal Counseling (Simona Vigo, ITI) (3 credits online)
- Clinical and Dynamic Psychology (Jure Biechonski, MSc – ITI) (3 credits online)
- Integral Transpersonal Skills: A New Corporate Paradigm (Sara Gambelli, PsyD – ITI) (3 credits online)
- The Shift: Integral Transpersonal Mindfulness, (Paola Gares – ITI) (3 credits online)
- Cosmopolitan Communication (Kazuma Matoba, PhD – UU) (3 credits online)
- Transformative Inner Science – Foundations (Kazuma Matoba, PhD – UU) (3 credits online)
- Addiction and Its Treatment (Guy du Plessis, MA – UU) (3 credits online)
- Decoding Life: A Radical New View of Reality (Jude Currivan, UU) (3 credits online)
- Living in a Living Universe (Duane Elgin – UU) (3 credits online)
- Foundation in Soft Skills & UN SDGs (Shelly Alcorn – UU) (3 credits online)
- Foundations of Critical Thinking for Learning and Everyday Life (Linda Elder, PhD – UU) (3 credits online)
- Non-Violent Conflict – An Overview (Bob Kezar, PhD – UU) (3 credits online)
- Merry Musings (Peter Merry, PhD – UU) (3 credits online)
- Chartres Academy (4 credits in-person or online) UU

BACHELOR OF ARTS COMPLETION IN INTEGRAL TRANSPERSONAL PSYCHOLOGY COURSES

Coming soon

- The Integral Transpersonal Vision: Maps and Models (Pier Luigi Lattuada, PhD – ITI) (3 credits online)
- History and Principles of Transpersonal Psychology (Steven Schmitz, ITI) (3 credits online)
- Social Psychology, Hypercomplexity and Sustainability (Bruno Di Loreto, ITI) (3 credits online)
- Personality Theories and Transpersonal Evolution (Caifang Zu, PhD – ITI) (3 credits online)
- Olo-Somatic Psychology and Bodymind Work (Matteo Hu, ITI) (3 credits online)
- PNEI and Mindfulness (Davide Ferraris, ITI) (3 credits online)
- Integral Transpersonal Acting (Valentina Lattuada, ITI) (3 credits online)
- History and Principles of Counseling and Coaching, (ITI) (3 credits online)
- Out of the Castle: The Hero's Journey and Spiritual Emergency, (ITI) (3 credits online)
- The Field: Systemic and Archetypal Constellation, (ITI) (3 credits online)
- Shamanic Legacy and Psychology of the Future, (ITI) (3 credits online)

BACHELOR OF ARTS COMPLETION IN INTEGRAL TRANSPERSONAL PSYCHOLOGY COURSES

Dissertation (6 Credits)

A final dissertation will be discussed to get the Diploma

Abandonment, freezing, suspension of studies

If necessary, the student may request the interruption of studies for a specific period, by submitting the appropriate form to the secretary's office, indicating the reasons and the period of suspension requested. If the request is accepted, at the moment of resumption of studies (except in the case of pregnancy and illness), the student, in order to maintain the validity of the course undertaken up to that point, must enrol outside the course, paying the required fee of 30% for each year spent outside the course. If the student has not requested and obtained suspension, the years previously completed will lose their validity. Eight years after the interruption, it will no longer be possible to continue the course begun, except to re-enrol in the first year.

Annual fee

Pay per online course: US\$300

Pay per in person 5 days courses € 1200 + VAT

Approximate cost for full program:

Total program cost: US\$14,000

Examination fees

The Diploma fee for passing the final examination is set at € 300.

BACHELOR OF ARTS COMPLETION IN INTEGRAL TRANSPERSONAL PSYCHOLOGY

ONLY FOR ITI ACCREDITED GRADUATES

An Ubiquity BA completion program consists of 7 courses of study (30%), 1 impact course and an impact project (30%) plus 2 Self-mastery courses and your Self-mastery project (30%). The remaining 10% is for the collaboration in online interaction, creative assignment and impact project.

Core Courses

Foundations of Integral Transpersonal Psychology ([online](#)) (Pier Luigi Lattuada, ITI)
Theory and Methods of Integral Transpersonal Psychology ([online](#)) (Pier Luigi Lattuada, ITI)
Great Books of World Wisdom Traditions ([online](#))
Introduction to Psychology ([syllabus](#)) (Dana Klisanin, UU)
The Living Universe ([online](#)) (Duane Elgin, UU)
Addiction and Its Treatment ([online](#)) (Guy du Plessis, UU)
Integral Flourishing Part One ([online](#)) (Lee Mason, UU)
Clinical and Dynamic Psychology (Jure Biechonsky, ITI)
Integral Approach to Human Development (Regina U. Hess, ITI)
Impact! (Impact project course ([online](#)))

For further information please follow this link:

<https://www.ubiquityuniversity.org/integral-transpersonal-psychology/>

MASTERS OF ARTS AND PH.D COMPLETION IN INTEGRAL TRANSPERSONAL PSYCHOLOGY

ONLY FOR ITI ACCREDITED GRADUATES

For those who have already completed a BA program in Integral Transpersonal Psychology

The programs of Master of Arts and Ph.D in Integral Transpersonal Psychology provide personalized courses to be agreed upon during admission.

Anyone who has already completed a BA program in Integral Transpersonal Psychology or is in possession of an ITI accredited degree and at least a three-year degree can apply to the Master Completion program at UU.

Anyone who has completed an MA program at UU or is in possession of an ITI accredited specialization diploma can access a Ph.D Completion program at UU.

Those interested, they can consult the General Guide and Master of Arts section, as well as contact UU for the creation of a Master Completion program or Ph.D Completion research personalised program.

BTE ZERO

ITI SOFT SKILLS LEARNING SYSTEM (SSLS)
SELF SOFT SKILL IN ACTION

BTE ZERO

ITI soft skills learning system (SSLS)

Soft Skills in action

PERSON + SOFT SKILLS

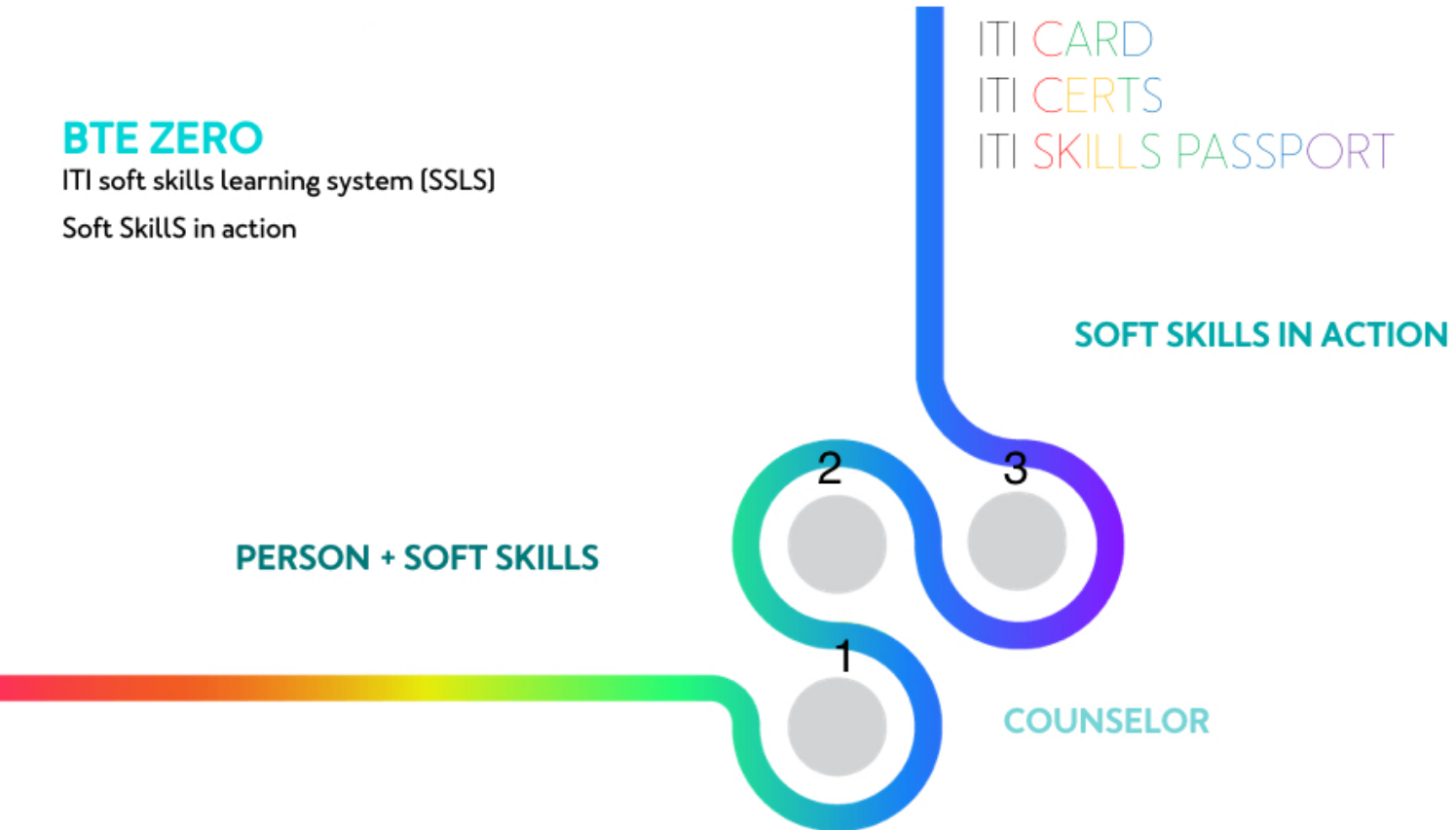
ITI CARD

ITI CERTS

ITI SKILLS PASSPORT

SOFT SKILLS IN ACTION

COUNSELOR



THE EIGHT PILLARS OF TRANSFORMATION

- Observing rather than... Thinking
- Staying rather than... Leaving
- Feeling instead of... Understanding why
- Facts, not Problems
- Trust instead of Control
- Allies, not Symptoms
- Acceptance instead of... Fighting
- Responsibility rather than... Delegating



At the conclusion of this course, students will have increased their capacity to work compassionately and mindfully be aware of the role of inner experience, mindfulness, discernment, compassion, and ethics in their personal and professional life.

- Mastery of inner experience (ecstatic ability, exploration of states of consciousness, knowledge of the transpersonal dimension)
- Awareness and compassionate love (persistence of contact, here and now, wanting everyone's wellbeing)
- Overcoming of one's own personal history (freedom from the known, from emotional fullness)
- Empathic transidentification and understanding (mastery of the transe)
- Courage of imperfection (ability to make mistakes)
- Sacred attitude (trust, humility and devotion)
- Responsibility and creative will
- Participation and sharing with the other and with the environment



INTEGRAL TRANSPERSONAL
COUNSELING
SELF SOFT SKILLS IN ACTION

THE TRANSPERSONAL
COUNSELOR'S CHARACTERISTICS

INTEGRAL TRANSPERSONAL COUNSELING

THE INTEGRAL TRANSPERSONAL COUNSELOR'S TASKS

- Responsibility (acceptance of one's own freedom)
- Creative will (potential development)
- Acceptance of one's uniqueness (to become what one is)
- Entelechy: courage to realize one's true Self
- Unity between one's conscious self and the various levels of the unconscious
- Evolutionary commitment to common well-being
- Affirmation of spiritual tension and acceptance of the difference between things as they are and how they should be
- Creative use of the influences of personal history, family and social environment
- To develop empathy
- To develop self-awareness through inner experience
- To develop compassionate love through participation and sharing
- To explore and master non-ordinary states of consciousness.

Boundaries of Transpersonal Counseling

- Objective listening
- To help the client to "confess"
- To help the client understand and honour their nature
- To assist the client on their journey towards the realization of their creative and psycho-spiritual potentials
- To provide contexts that help to "dissolve" the problems towards a new vision of oneself, of others and of the world

The Transpersonal Counselor's profession (Italian regulation)

The law on "unregulated professions" [Law January 14, 2013, n. 4] was published in the Official Gazette of January 26, 2013, n. 22.

The statute of "unregulated professions" enters into force on the 10th of February, 2013.

For more information, see the following links:

<http://www.parlamento.it/parlam/leggi/messaggi/c1934a.pdf>

<http://www.altalex.com/index.php?idnot=18000>

<http://Biotransenergeticsa.blogspot.ch/>



Creating an Integral Transpersonal Life

INTEGRAL TRANSPERSONAL COUNSELING

THE PROFESSION OF TRANSPERSONAL COUNSELING

- Facilitate the intrinsic processes towards healing of the organism, towards the maintenance of health and prevention of disease
- Educate oneself to health and self-healing
- Promote the recognition of one's creative potential
- Influence the biochemical activity of the organism by mastering one's mental attitudes and states of consciousness
- Developing emotional intelligence and disidentifying from one's personal history
- Enhancing one's spiritual dimension and realising one's truest nature and live from the heart
- Freeing the creative expression of one's talents
- Mastering the inner experience and exploring the archetypal and transpersonal dimensions of the Psyche
- Feeling, acting and thinking in an integral way (from knowledge to insight)
- Transcending the past and future in the present time (from Kronos to Kayros)



INTEGRAL TRANSPERSONAL COUNSELING

ACHIEVEMENTS

History of Counseling

From the perennial philosophy to Rollo May, to Rogers, to Transpersonal Counseling. Theoretical Foundations, variables that intervene in the helping relationship, basic conditions.

Fundamentals of Counseling

Being a Counselor: the quality of the dasein, skills and micro-abilities; the phases of counseling, working on sensory, emotional, cognitive and relationship awareness; counseling areas of intervention; reflections on the setting and the relationship between counselor and client: transference, countertransference, empathy and intersubjectivity, help interview training.

Communication, Choices and Change

Evolutionary maps and models, psychodynamics of processes, verbal approaches in helping relationship, obstacles for change, conservative structures, resistances and defences.

Psychologies

Elements of general psychology, different models and methods, specificity and limits of the intervention scope of Transpersonal Counseling.

GENERAL SUBJECTS

ACHIEVEMENTS

Other Human Sciences, Holistic Paradigm, New Science

- The Integral Vision, the holistic systemic vision, the new paradigm, the living systems, self-renewal and self-organisation, morphogenetic fields, implicate order, autopoiesis, the acquisitions of quantum physics.

Professions of the Helping Relationship: Boundaries and elements of Psychopathology

- Elements of psychopathology, recognition and delimitation of the intervention scope.

Ethics and Deontology

- Psychotherapy and counseling: similarities and differences, principles of professional ethics, norms and regulations.

Principles of Psychobiology and Anatomy-Physiology

- Living systems; the systemic vision; the hypothalamic-pituitary axis; hormones, emotions, and brain; mind and behaviour; psychoneuroimmunology and psychobiology of healing processes; trance neurophysiology.

GENERAL SUBJECTS

ACHIEVEMENTS

BTE Methodology I, II, III, IV

- Psychodynamics of the transformation process; The true nature of the healing relationship; Maps, models and methods for a journey of Self-Realisation;
- new perspectives in the humanistic and transpersonal approach: essential traits, historical roots, interpretative and intervention models; keys of awareness in BTE; clinical methodology, psycho-spiritual experiential practices;
- maps and models, eight pillars of transformation; matrices and positions; archetypal constellations. Clinical methodology, psycho-spiritual experiential practices, matrices and positions, The Integral Model: The Seven Dualisms, matrices and positions, psychotranse and psychotranse II. Clinical methodology, psycho-spiritual experiential practices. Essential lines of Biotransenergetics. Epigenetics and inner healing, guidelines for a verbal approach in BTE. Clinical methodology, psycho-spiritual experiential practices.

Olosomatic Principles

- Within the problem there is the solution, within the disease there is potentiality, within the discomfort lies the resource. Understanding the meaning of physical discomfort to facilitate transformation. Every disturbance or disease can be understood in its meaning and in the message it carries in itself. This will help to heal. Thus, the forces of self-healing are within us and we can stimulate them to (en)act. The system of the body, the energetic body, emotions, mind, and soul.

SPECIFIC SUBJECTS

ACHIEVEMENTS

Technologies of the Sacred

- The original tradition, shamanism. The syncretistic Afro-Brazilian cults, the culture of the transe, the Orixàs, the myth and the rite. A transcultural reading of the Archetypal Constellations.

Integral Transpersonal Theatre Therapy

- The poetic act of living ... on the scene and outside... an evolutionary path of integral study on the human being, its realities, its magic, its myths ... where art and life cannot be separated from the subtle, invisible levels that compose them and nurture them.

Integral Transpersonal Counseling Self Soft Skills

- The experiential therapies. The transpersonal model. The spiritual dimension in therapy. The management of "transpersonal crises". Recognition and enhancement of the creative potential of the symptom. Phenomenology of holotropic states.
- Technologies and intervention models for the prevention and management of "stress". The helping relationship. Principles and methods of counseling; Counseling in the humanistic and transpersonal approach.



SPECIFIC SUBJECTS

ACHIEVEMENTS

Elements of Energetic Diagnostics

- **Matrices and positions in Biotransenergetics.** Traditional diagnostic models. Wrists and meridians, chakras, aura. Body reading. Contact practices, integrated diagnosis, the art of self-giving.

Ethnopsychology

- **From tribal group to meeting groups, from initiation rites to therapeutic group, towards a new age of sharing. Mental suffering and alterity, between history, domination and culture.**

Humanistic and Transpersonal Psychology

- **Principles and methods of humanistic and transpersonal psychology. Essential traits. The theory of needs. The development of potential. The transpersonal dimension.**

Teaching Supervision

- **Accompaniment and tutoring of the professional training process.**



INTEGRAL TRANSPERSONAL
COUNSELING

SPECIFIC SUBJECTS:
ACHIEVEMENTS

BTE ZERO

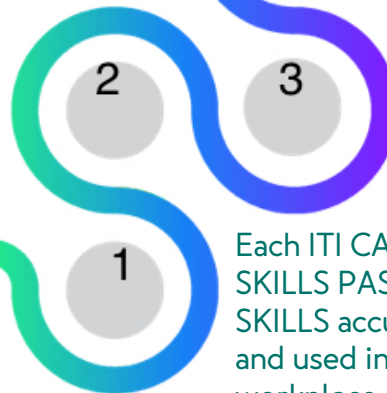
ITI SOFT SKILLS LEARNING SYSTEM (SSLS) SELF SOFT SKILL IN ACTION

ITI soft skills learning system (SSLS) is compliant with the Ubiquity University global standards

All qualifications issued by ITI, Counseling and Soft Skills Skills Certificates, Diplomas and Credits offer spendable credentials in the most diverse areas of public and private sectors.

ITI CARD
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Accredited by
Ubiquity University



Each ITI CARD holder will have a SKILLS PASSPORT indicating the ITI SKILLS accumulated that can be shown and used internationally in the workplace and in trainings.

First Year

- May R., The Art of Counseling, Gardner Press, Inc.
- Lattuada P. L., (2012), Biotransenergeticss 2nd Edition, ITI Edizioni, Milano.
- Maslow A. H., Towards a psychology of being, Wiley.
- Lattuada P. L., The Dreaming Body and Soul.
- Bateson G. (1972), Steps to an Ecology of the Mind: Collected Essays in Anthropology, Psychiatry, Evolution and Epistemology, University of Chicago Press, Chicago, Illinois.
- Lattuada P.L. (2016), Beyond the Mind: Theory and Practice of Transpersonal Psychology, ITI Edizioni, Milano.

Second Year

- May R. (1995), The Psychology of Existence, Basic Books, New York.
- Capra F. (1982), The Turning Point: Science, Society, and the Rising Culture, Bantam Books, New York.
- Pert C. (2000), Molecules of Emotions: The Science Behind Mind-Body Medicine, Simon & Schuster.

INTEGRAL TRANSPERSONAL COUNSELING
SOFT SKILLS IN ACTION

MANDATORY READINGS

Third Year

- Goleman D.J. (1996), Emotional Intelligence, Bloomsbury, London.
- Eisler R. (1988), The Chalice and the Blade: Our History, Our Future, HarperOne.
- Pinoli P. (2012), Facciamo che... Educazione transpersonale per i bambini, Iti Edizioni
- Wilber K. (1979), No Boundary: Eastern and Western Approaches to Personal Growth, Shambala, Boulder, Colorado.
- Wilber K. (1977), The Spectrum of Consciousness, Quest Books, US.

Fourth Year

- Wilber K. (1980), The Atman Project, Quest, Wheaton.
- Lattuada P.L., Arte medica della guarigione interiore, Franco Angeli.
- Kabat-Zin M. & J. (1998), Everyday Blessings: The Inner Work of Mindful Parenting, Hachette Books.
- Grof S. (1985), Beyond the Brain: Birth, Death And Transcendence In Psychotherapy, SUNY Press, Albany, New York.
- Grof S. (2000), Psychology Of The Future: Lessons From Modern Consciousness Research, SUNY Press, Albany, New York.
- Jung C.G. (2009), The Red Book, W. W. Norton & Company.

MANDATORY READINGS

- Rogers, C. (1951), *Client-Centered Therapy: Its Current Practice, Implications and Theory*, Constable.
- Lattuada P.L., *Second attention Epistemology*, ITJ n. 0.
- Lattuada P.L., *Second attention Epistemology*, part 2, ITJ n. 1.
- Delisle J. (2011), *Personality Pathology: Developmental Perspectives*, Karnac Books.
- Devereux G. (1980), *Basic Problems of Ethnopsychiatry*, University of Chicago Press.
- Gabbard G. O (1990), *Psychodynamic Psychiatry in Clinical Practice*, American Psychiatric Publishing.
- Benedetto L., *Il parent training. Counseling e formazione per genitori*, Carocci.
- Capra F. (1975), *The Tao of Physics*, Shambala Publications.
- Russel P. (1984), *The Global Brain: The Awakening Earth in a New Century*, Floris Books.
- Bottacioli F., *Psiconeuroimmunologia*, Ed. Red Como.
- Talbot M.(1992), *The Holographic Universe*, Harper Perennial.
- Gottman J. (1998), *Raising An Emotionally Intelligent Child*, Simon Schuster.

INTEGRAL TRANSPERSONAL COUNSELING SOFT SKILLS IN ACTION

ELECTIVE READINGS

- Eisler R. (1996), *Sacred Pleasure: Sex, Myth and the Politics of the Body*, HarperOne.
- Eliade M. (2004) [1951], *Shamanism: Archaic Techniques of Ecstasy*, Princeton University Press.
- Assagioli R. (1991), *Transpersonal Development: The Dimension Beyond Psychosynthesis*, HarperOne.
- Wilber K. (1995), *Sex, Ecology, Spirituality, The Spirit of Evolution*, Shambhala, Boston.
- Harner M. (1990), *The Way of the Shaman*, HarperOne.
- Shaldrake R. (1981), *A New Science of Life: the hypothesis of formative causation*, JP Tarcher, Los Angeles.
- Varela F., Maturana H. (1979), *Autopoiesis and Cognition: The Realization of the Living*, Boston Studies, Boston.
- Assagioli R. (1973), *The Act of Will*, Penguin Books, New York.
- Zohar D. (1990), *The Quantum Self: Human Nature and Consciousness Defined by the New Physics*, William Morrow and Company, New York.
- Grof S. e Grof C. (1989), *Spiritual Emergency: When Personal Transformation Becomes A Crisis*, Tarcher Perigee, New York.



ELECTIVE READINGS

Admission Requirements

- To apply for BA ITC program a High School Diploma or equivalent
- To apply for MA ITC program, 90+60, you must have a BA degree or a Counseling Competences Certificate issued by another accredited institute.



Enrollment Limits

- The student is not allowed to simultaneously enrol in more than one counseling or master course in several schools.

Admission Criteria

- Admission to any course in the Integral Transpersonal Counseling School is subject to a selection interview with the Director of the School or the Course Head.
- Admission to the interview will be by appointment, after the candidate has requested it to the secretariat by sending his/her curriculum and pre-enrolment application.
- The candidate will receive a reply within fifteen days of the interview.
- If the application is accepted, the candidate may or may not proceed with enrollment.

INTEGRAL TRANSPERSONAL COUNSELING
SOFT SKILLS IN ACTION

ADMISSION

Registration

Registration and enrolment take place at the ITI Secretariat office throughout the year.
The following documents are required for enrolment:

1. Application form downloadable from www.integraltranspersonallife.com
2. Photocopy of an identity document (identity card or passport)
3. Certified photocopy of the basic qualification or Diploma Certificate, if applicable
4. Two passport-size photographs (with first name and last name on the back)
5. Curriculum vitae and studies
6. Receipt of payment of the enrolment fee of € 350.00 (ITI Card Student)

INTEGRAL TRANSPERSONAL COUNSELING
SOFT SKILLS IN ACTION

ADMISSION

Obtaining the certifications and diplomas both from ITI and UU will allow the student to be registered in the EPCBTE list as an Integral Transpersonal Counselor, Biotransenergetics Methodology.

SIBTE

In order to protect ITI Certificates and Graduates practising according to the Biotransenergetics Methodology, the Italian Society of Biotransenergetics, henceforth SIBTE, has been established since 1986.

SIBTE has a Professional Directory and a series of documents (Regulations, Code of Ethics, General Conditions of Contract, Memorandum on Intellectual Property, Council resolutions), which all members are required to know and respect.

Anyone who is starting, is completing or has completed a training course in BTE is registered by right in the professional directory, EPCBTE.

SIBTE Updates

SIBTE offers its members, who pay an annual fee, ongoing training through regular updates. Payment of the fee and attendance to updates entitles members to a series of benefits, indicated in the application form.

CERTIFICATES

BTE ZERO

ITI SOFT SKILLS LEARNING SYSTEM (SSLS) SELF SOFT SKILLS IN ACTION - BTE METHODOLOGY

COURSE DIRECTOR:

Pier Luigi Lattuada M. D., Psy. D. Ph. D.

He is a Medical Doctor. He has a Ph. D. in Behavioral Studies and a Psy. D. in Clinical Psychology. He is also a Psychotherapist. He studied Chinese traditional medicine, homeopathy, iridology and psycho-corporeal therapies.

Founder of Biotransenergetics, Pier Luigi is the Director of the Transpersonal Psychotherapy School in Milan, which has been fully recognized by the Ministry of Education University and Research since 2002.

He is Faculty and chair of the Department of Integral Transpersonal Psychology at Ubiquity University.

He is President of EUROTAS, Global Transpersonal Network.

Pier Luigi has published twenty books and several scientific articles.

For further information

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Creating an Integral Transpersonal Life