I know what I want and
I'm willing to work for it

I HONOUR MY VALUES AND LET THEM GUIDE ME

I recognise all that I have and express gratitude regularly

I BELIEVE IN MYSELF AND MY RIGHT TO BE HAPPY

I trust myself and recognise my potential

I ACCEPT RESPONSIBILITY FOR HOW THINGS ARE AND HOW I WOULD LIKE THEM TO BE

I love my life.

THE MINDSET MANTRAS

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