

FEBRUARY

- + I am grateful for the chance that life offers me each day to start over and create the life that I want.
- + I live every day in the vibration of health, happiness, and abundance.
- + I am mindful of what and who I am allowing into my space.
- + I deserve to accomplish my goals.
- + I am gentle and loving to myself as I change and grow.
- + I allow myself to transform as many times as I need to in order to create a life that feels good on the inside.

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