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Hey there. David here.

And you're watching another episode of Attraction Pebbles.

How are you today? Are you having a good day?

You see, you and I, we've been on this journey for a while now. This is episode number 9 of Attraction Pebbles. We have come a long way, haven't we?

And during this process, I bet you've learnt a lot, and probably even discovered parts of yourself that have been hiding.

And believe it or not, I've been having a lot of fun making these for you. And i really believe that me making these videos for you, is a great way for me to get this knowledge to you in the easiest way possible.

It's almost like we're having a private conversation, isn't it?

You see, there are so many people out there teaching so called dating and relationship advice, yet most of what they teach, is just rehashed, old stuff from like the fifties.

You won't believe how many times I hear so called experts say that the secret to relationships is communication, or to be successful at dating you have to play hard to get.

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I mean, every time I hear things like that, I cringe. I respect what they're saying, but come on, they're just the surface answers, the real easy answers you'll find in every single book on dating and relationships.

If you wanted to hear that kind of cheap advice, I'm sure you wouldn't be here with me right now. I believe in building passion and attraction. I believe in forging a sense of connection that can't be broken.

I am sure you understand exactly what I'm saying, right?

So what we're going to do today, is talk about this concept of us vs them.

Now let me stop right there. Can you see how everything I've said up until now, has been about us, you and I vs them, which are all these cookie cutter relationship experts out there in the external world?

And the effect, if I did it well, was that you felt closer to me, and trusted me at a deeper level.

Now, my intention certainly wasn't to offend any other experts out there. But by pitting everyone else against you and me as a team, it created an extra little bond between you and I, does that make sense?

I'm literally creating a bubble with you and I in it, and everybody else is on the outside.

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This is the concept of us vs them.

When done properly, it creates a real deep sense of connection between you and a man, so deep that it's almost like a connection of hearts and souls. Almost like you knew them from a past life.

So many people in this day and age have this totally surface connection, especially with the internet and facebook, that flimsy surface connection is everywhere pretending to be deep and meaningful.

This us vs them type of connection is completely different. It works because one of our deepest and strongest psychological patterns is to belong somewhere and belong with someone.

Back in the tribal days hundreds of thousands of years ago, this was easy. We in the same tribe stuck together. We belonged in that tribe. Now, it's so much harder to find where we belong. Things are changing all the time.

So all of us are really looking for that sense of belonging. We're all looking for people who we feel we belong to.

So let me give you some examples that you can use to trigger this pattern of us vs them.

The easiest way to do this, is to pick someone external in the environment and

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make that person them in your us vs them.

Let me give you an example...

Years ago, when I used to workout a lot at the same gym as Renee, we used to go around doing the same exercises and have a lot of fun.

Anyhow there's this one man who used to always be at the gym in the same singlet day in and day out. And he would go around the gym doing the most bizarre exercises and with all the exercises he would only do a quarter of the normal movement of the exercise.

So if I were to do a press, he would do only a quarter press.

And as a result, we started a private joke and we started to refer to him as the quarter man.

And it became an inside joke that only we shared, that no one else knew about. So as a result, even though we had no bad intentions, nor were we trying to pick on someone, Renee and I created this sense of us vs them.

It created a little bubble that only we belonged in.

This works really good in the dating scene, for example if you're with a man in a restaurant or a bar, just pick a stranger make them the external target...

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In a jokingly voice, you can say something like...

“Look at that guy over there, what do you think he’s thinking? It doesn’t look like he’s getting any...”

“Look at the strange look on that woman’s face, that divorce settlement is really getting to her huh!”

“Wow, did you see that guy’s monobrow? He must have really got picked on at school”

And this works really well if you pick a person who is obviously not so sharp around the edges. Of course, you keep your conversation low, and make sure others don’t over hear what you’re saying.

By the way, as a disclaimer, I’m not here to judge anyone or put anyone down, that’s not the point. The purpose is to joke about someone externally in order to create a sense of bonding with the man you’re with.

If I were to go up to those so called “external targets”, and speak to them, I would still have the utmost respect for them. So this isn’t about putting others down, it’s about creating the us vs them paradigm.

Another thing you could do, especially if you’re somewhere loud or it’s just inappropriate to talk, you can use your cell phone and write a little message on the cell phone and pass it to the man you’re with.

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So it's kind of like texting, using only one phone. and you just pass it back and forth. The beauty of this, is that only you and your man, see the messages. Everyone else is on the outside. It's us, and our private message to each other vs the external world.

The point is, the more you make other people outsiders, the more you create a sense of us vs them and the more connection and bonding you create inside the bubble.

And then weeks and months later, you can always bring that private joke up, ... like remember such and such... and suddenly you feel that deep sense of connection once again.

So, that's it for this episode of Attraction Pebbles. I want you to start thinking about how you can use this concept of us vs them to create a solid bond with not just a man, but with basically every human being you ever come across.

This is truly powerful stuff if you take the time to practice it and get good at it.

Alright, I'll say goodbye for now, and I will see you again in the next episode.