

OCTOBER

- + I am strong because of everything I have been through.
- + I surround myself with people who bring out the best in me.
- + I will take advantage of change, making the most of the opportunities it presents.
- + My well-being is the most important thing to me. I am responsible for taking care of me.
- + I am connected to the endless abundance of the universe.
- + I will live my life as the exciting adventure that it is. everywhere I go.

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