

NBR HOME CARE MAINTENANCE PLAN

WASHING

- Brush out extensions with an ISLA brush before getting into the shower. This helps to prevent tangles and matting
- Use a sulfate free shampoo and conditioner to prolong your hair color and the extension color as well
- Shampoo gently between rows, no need for vigorous scrubbing
- Use a leave-in + oil combo right after your shower and before you brush out your hair with the ISLA brush
- When brushing wet hair, start from your ends and work your way up to the scalp. Hold the hair in one hand (like a ponytail) and brush down

STYLING

- Rough dry your hair 80% of the way (meaning no tugging on the extensions with a round brush, just use your hands / fingers).
- This applies to DRY BARS as well. Make sure to communicate to whoever is styling your hair to NOT round brush your hair from start to finish
- You can use a round brush and a small amount of tension to smooth your hair and the extension hair the last few minutes of your blow-dry
- If curling your extensions, run the extension hair through the curling iron to smooth the hair once or twice before placing the curls. This will give your extensions a more polished look, close the cuticle, and prolong the extension hair

SLEEPING

- Brush the extension hair out and then place in a loose pony or braids

OTHER

- If you notice excess tangling or hair shed, please contact your stylist as there are quick fixes when addressed right away
- You can live a normal, active lifestyle with NBR, just treat the extensions with some gentleness to keep them looking their best
- Never let sunscreen or suntan oil touch the extension hair (ESPECIALLY blondes) this can turn the hair PEACH.