



The Autism Healing Guide

A warm welcome to you! It takes a lot of courage to keep searching for an answer for your child. You are strong to persist!

You might be wondering is healing autism possible?

Here's the scientific fact: As of 2016 in the United States, 9% of those diagnosed with autism fully heal. (J Autism Dev Disord. 2016 Jun;46(6):2160-2173.)

So yes, healing from autism is possible but most importantly both you and your child can have healthier and happier lives. That's what matters most!

What is healing from autism?

Healing from autism means that all of the symptoms that a child is experiencing are gone, they catch up academically and no longer qualify for an autism diagnosis.

People use many different words to describe this and that's ok...the goal is the same, a happy and healthy child who is living up to their fullest potential.

How do parents heal their children?

I went out and searched the world to learn how parents do this. Remember 9% fully heal from autism. Parents are healing their children.

Parents have been healing their children for decades so I learned what these parents did so that I could do the same for my daughter.

I interviewed over 40 parents who healed their children from autism. I interviewed many more parents whose children did get better but not fully. I learned the difference between what these parents did.

I also interviewed researchers and Functional Medicine doctors who regularly oversee the healing of children in the US with autism and learned what they knew about healing autism. The Autism Healing Matrix was developed from the best information from both parents and healthcare professionals.

The Autism Healing Matrix is what you need to know.

Yes, there is a lot to manage when healing autism but The Autism Healing Matrix organizes all that information. The Autism Healing Matrix represents the seven aspects necessary for healing autism.

Print out The Autism Healing Matrix.

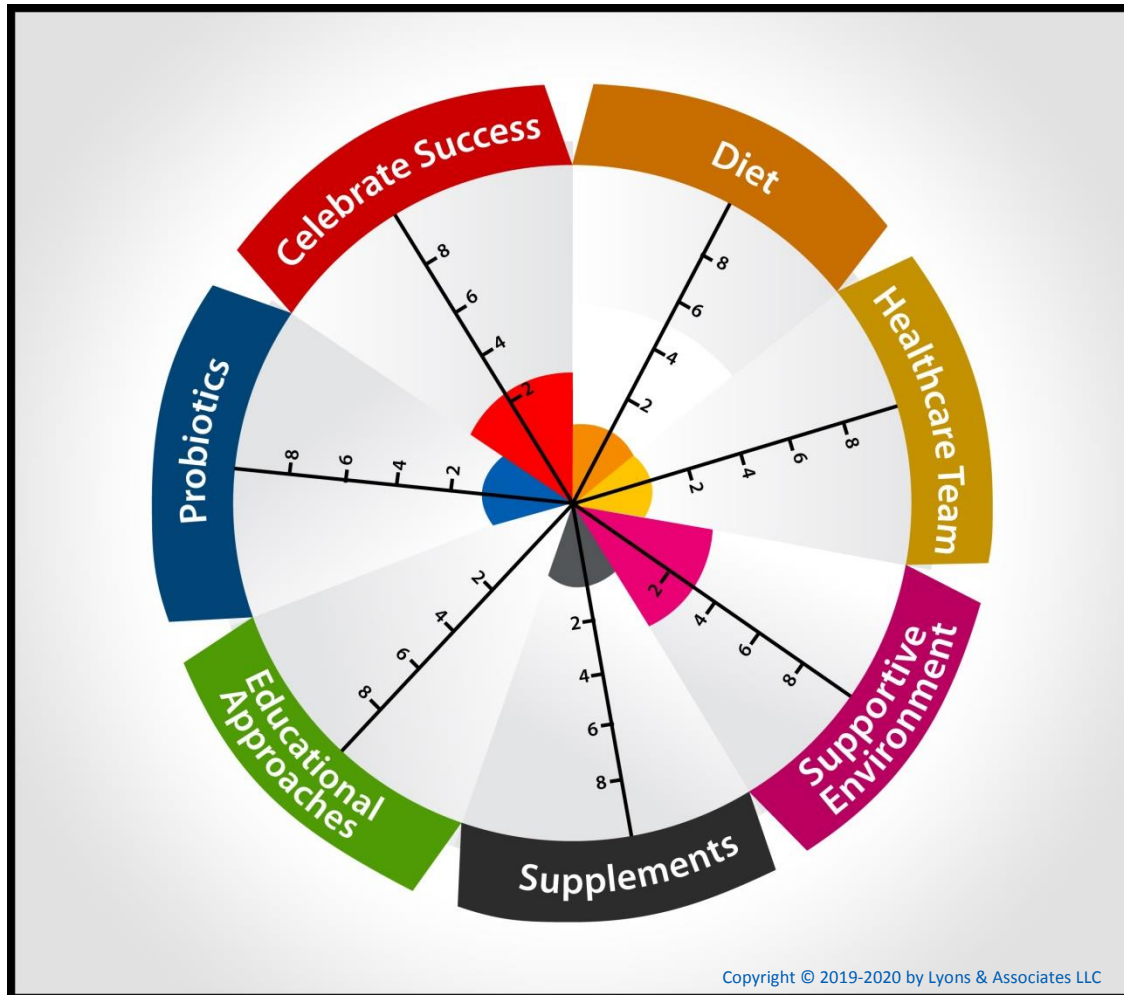
As you take action for each aspect in the Matrix, you can color in your progress, and feel reassured that you are not missing any aspect of healing autism. It's an interactive handout to track your family's progress all on one page!

Start having extraordinary family fun!

The more work you do in The Autism Healing Matrix the more fun you will have as a family. This is what matters in life. Having fun and seeing your child flourish.

Your child is there. You know that. And they've been telling you in their own way that they want you to help them feel better. A healthier and happier child is possible!

The Autism Healing Matrix



If you'd like to learn more information about each of the 7 components in the Autism Healing Matrix, then please listen to my guest appearance on Dr. Mark Hyman's Broken Brain podcast. Host Dhru Purohit and I go into many details. Here's the link to watch the podcast:

<https://awetism.net/thank-you/mark-hyman-broken-brain-podcast-autism/>