

Life Vision Recording

Ideas for Questions



Our observations of hundreds of teenagers have led us to note a powerful common factor amongst young people who choose well: that of potent Life Vision. They are laser-focused on big things: for family, career, and their own spirituality.

Present your child with a list of great questions, like the ones below, and encourage them to record their answers in a journal.

Then invite them to make a sound or video recording of themselves sharing this vision for the story of their life.

What do you hope you will see when you look back on your high school years?

What are your hopes for future learning or career?

How do you hope your relationships will be with family and friends, now and in the future?

What kind of person do you hope to become?

What role will technology play, to help and not harm your hopes for a happy life?



Note: These questions are a sampling of the full "Story of My Life Experience" included with the Internal Filter® Workshop, as presented by Family Tech University.