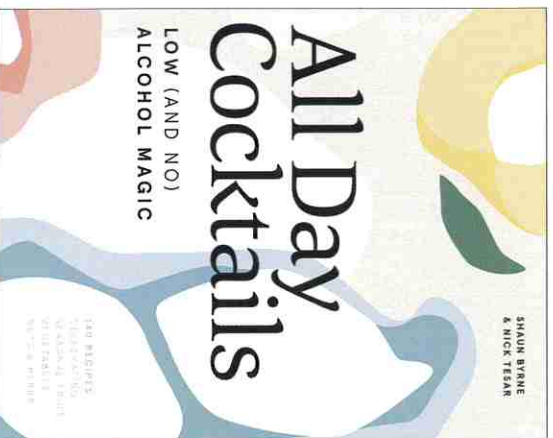


Indulge
read.



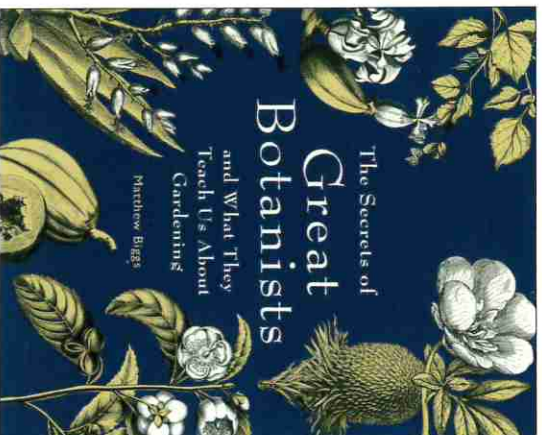
eat

ALL DAY COCKTAILS
BY SHAUN BYRNE
AND NICK TESAR

All Day Cocktails, co-authored by Shaun Byrne and Nick Tesar, showcases cocktails that can be enjoyed at any time of the day. The collection boasts fresh and creative, low and no alcohol cocktail recipes. Celebrating seasonal ingredients, and with a focus on sustainability, *All Day Cocktails* showcases nearly 50 varieties of citrus, berries, tropical fruits, stone fruits, pome fruits, vegetables, herbs and nuts. Each variety features a versatile prep recipe, meaning *All Day Cocktails* is much more than just a cocktail book. It includes recipes for bitters, caramel, cordials, coulis, granitas, honeys, jams, juices, kefirs, liqueurs, sherbets, shrubs, syrups, tisanes and vinegars.

Co-author Byrne brings his bartending expertise to the book, as well as tips picked up from his highly successful forays into vermouth production and business consultancy. Byrne is an expert in the business of high quality hosting and mixology, and his tips are designed to help readers raise the bar on their own cocktail making at home.

Published by Hardie Grant

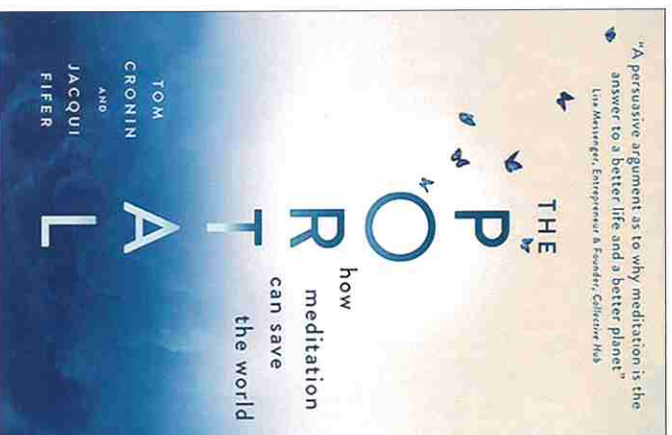


live

THE SECRETS OF GREAT
BOTANISTS, AND WHAT
THEY TELL US ABOUT
GARDENING
BY MATTHEW BIGGS

Discover the lives of 35 botanists from the past and present. Driven by an insatiable desire to learn and discover, their study of plants revolutionised the scientific world and increased our understanding of the important role plants play in our survival and the balance of our beautiful world. Author Matthew Biggs trained at The Royal Botanic Gardens in Kew. A beacon of international botanical research and education, Kew Gardens has been a centre for great botany for centuries. Biggs features botanists such as Asa Gray, Joseph Banks and Marianne North, who all shared strong connections to the institution. Many of their works, letters and paintings are exhibited there. *The Secrets of Great Botanists* brings the best of their insights directly to you, along with some of their most exciting sketches and diagrams. Illustrated with picturesque botanical watercolours and vibrant photographs, this inspiring and practical guide delves into the qualities that brought these botanists success and reveals what everyday gardeners can learn from their legacies. Unfold the history of plants found in your own garden and find some new inspiration for cultivation.

Published by Exisle Publishing



play

THE PORTAL, HOW
MEDITATION CAN SAVE
THE WORLD
BY TOM CRONIN
AND JACQUI FIFER

Co-authors Tom Cronin and Jacqui Fifer see our world suffering from a number of growing crises: war, climate change, the threat of economic collapse. They see humanity at a tipping point but offer another way. Revealing an ancient road map that has helped guide people to transformation for centuries, *The Portal* and its forthcoming documentary film suggest meditation and mindfulness can unlock your power, grow your compassion and awaken your thirst for change. Sharing personal stories from six people who healed their lives through meditation as well as compelling insights from some of today's most innovative thinkers, *The Portal* shares a vision for humanity transformed. Weaving a vibrant tapestry of technology, love, the future, existentialism, human potential, brain hacking and inner peace, it will rekindle readers' excitement for the future. Tom Cronin has founded a global movement, *The Stillness Project*. With Jacqui Fifer's help, *The Portal* is set to be a dynamic and insightful book and film.

Published by Murdoch Books