



**Dr. Hill**

## **The Benefits of Frankincense**

Dr. Hill is a Founding Executive and Chief Medical Officer for doTERRA. Listen as he explains the many benefits of Frankincense essential oil.

Often referred to as the king of oils, it's highly revered for everything from digestion to beauty. Frankincense has many health benefits and is multi-functional. It also offers cell protection and support.

It is foundational and one you need on a daily basis. Consistency is key with any essential oil. You can choose to take internally, apply topically or diffuse - or all of the above.

Dr. Hill shares his knowledge of Frankincense and believes it truly is the king of oils.

