



# 8



*Fundamentals*

OF PUTTING  
PERFORMANCE

WENDYDOOLANGOLF.COM





## 1 FACE AIM

Aiming the face of your putter is essential to be able to start the ball on your intended line of play. It is tricky to aim your putter face square to your target. There are so many pieces to the puzzle. Balance at address, your eye position, stance width, and your grip control all affect your ability to aim your putter face. The way you use your eyes, your balance and your grip also control your ability to have a square putter face at impact. You need to focus on starting your ball on your intended line more often. You can do this by using a yardstick. Place your ball at the end closest to the hole and use the straight edge of the yardstick to align your putter to the hole. Hit 10 putts like this to learn what your putter face looks like when it is square to where your ball will start on the putting green.



## 2 SPEED CONTROL

Focusing on a consistent forward stroke tempo will allow you to get the ball close to the hole from longer distances. You will make more “Birdie or Makeable” putts, which are putts inside 20 feet with good speed. Putts which are short are never made. According to the research by the creators of AimPoint, the optimum speed is to finish past the front of the hole inside 18” beyond the hole. Putts that would roll more than 12” to 18” past the hole only give you one point of entry, which is the middle. Putts rolling at the correct speed have the opportunity to lip into the hole from the sides. Meaning, because of the faster speed, the balls that will “catch the edge” will spin out rather than suck into the hole. The distance you take the putter back and the forward stroke tempo determine how far the ball will go. Hit 10 balls feeling the same length of backstroke and feel the same forward stroke tempo to learn what your tempo is. Do this at 10, 20 and 30 feet.



## 3 EQUIPMENT

There are all types of putters (face balanced, toe balance 45deg toe balanced) different entry points of the shaft into the head (heel, inside heel, center), different amounts of offset (1/2, full and 1.5 deg) and different lengths and weights of putters (heavy, medium and light heads). Then we have the human factor (men, women, juniors), we are all different heights. Our eyes do not all see the same way when we address the ball, we all have a different tempo of stroke, we all have a natural path based on how we set up to the ball. All of these things and more.



## 4 TECHNIQUE

Technique allows your putter face to strike the ball in a square position, so your ball will start on your intended line. Sounds quite simple on paper. Traditional grip, left hand low, claw, forward press, forearm locked, grip, and much more will determine the path of your stroke and your ability to make contact with the ball with a square putter face and start your ball on your intended line. There is a unique to you, simple, undeniable path to get your putter flowing through the impact zone and getting your ball to the jingling in the bottom of the cup with less strokes. You need to find this proper path, and only practice and use this proper path.



## 5 GREEN READING

I became a better putter AFTER I left the LPGA tour! Why? You might ask.... Because I was stubborn and wasn't willing to try AimPoint Green Reading at that time. You will make more "Birdie/MakeAble" putts with The AimPoint Green Reading system. I was able to build my confidence and decision making when I learned to use this system to read greens. I now stand over my putts inside 15 feet knowing the ball has a great chance to go in, YOU can have this as well! If you only change one thing to get better - This will change your putting!



## 6 MAKING A DECISION

You MUST have a clear mind on where you intend to start your putt. Learn to make a decision. I am amazed to find how many people miss putts because they putt in a general direction. Not making a decision leads to undeniable uncertainty. Zig Ziglar is famously quoted as saying, "You cannot make it as a wandering generality, you must become a meaningful specific." I understand he enjoyed golf and I'm not sure if he arrived at this conclusion on a putting green somewhere or not, BUT I cannot imagine a better tip for putting decisions. DO NOT allow yourself to wander in generalities in YOUR putting. Make A Decision EVERY Time!

## 7 COMMITTING TO YOUR INTENTION

Learn to be 100% clear on your Intention before walking into your putt. Time after time, I talk to clients about putting and I hear, “Well it didn’t look right when I stood over the ball, so I changed my mind and I missed it!” Just make a decision and stick with it for 10 seconds while you hit your putt! Good putters aren’t perfect in making the right decision, they are perfect in committing to their intention, make or miss! This isn’t a “Til death do we part” type scenario. It’s one little dinky putt. Make it or miss it - COMMIT to it. How often do you see a tour player immediately start walking after a poor putt? It’s like they know it is a poor outcome as soon as they realize they failed to commit to the decision they had made. As soon as you master these tips and techniques to putting and you apply them, AND you COMMIT to the putt, you have properly prepared yourself to hit your putt! It’s all downhill from here, just the bottom of the hole! You’ll be making more putts. I guarantee it!



Okay - there's actually a few more tips to this if you really want to "Put Like a PGA Pro." I don't want to overwhelm you or scare you off by telling you there were 15 things "You Really Gotta Master" because the rest is all mental and managing your expectations. No hard work here whatsoever. Think of it this way - if you thought we were all going to go try to climb Mt Everest-me, you and everyone else would have tapped out on this lesson a long time ago. It would seem difficult if not downright impossible - AND super intensive training all ending in possible and impossible goal anyway. Well here's where it gets interesting.....

- Just about anyone can learn to putt EXTREMELY well. It doesn't have anything to do with strength. It just takes what you've already learned, a little help and encouragement, and some practice. We got this! I'm here to help in any way possible for you.
- We're not climbing the Mt. Everest of putting that most people think we are.



## 9 KNOW AND MANAGE YOUR EXPECTATIONS

I have included some putting stats from the PGA tour that will help put YOUR expectations in perspective.

## HERE'S WHAT YOU SHOULD TAKE AWAY FROM THESE STATS.

1

PGA Tour Players only make 40% of putts from 6 to 10 feet. WHAT? See what I mean. When you miss a 6 footer - so what. 4 out of 10 is professional grade putting!

2

They miss 27% of putts from 4 to 5 feet. WHAT? You see? No more knee knocking for you. It's different when you realize what your real expectations should be. You're already probably pretty close to being a good putter. Let's take you to GREAT!

3

And finally - my favorite! The PGA Pros 3 PUTT almost 10% of the time from 21-30ft. Don't beat yourself up about it when you do. I do, They do, You do. We're all going to three putt. It's part of the game.



## 10 PRACTICE

Learn to make a clear plan for improvement. That clear plan needs to include proper instruction. Not what your buddy said “he saw” in your putting stroke. Not the newest quick fix for your putting woes! You need time tested, proven strategy, mental awareness and practice.



You only need to spend a small amount of focused time and energy to get better quickly once you understand what is important for YOU! With the proper focus and practice - YOU can learn as I did and still work on when I practice - "How to Putt Better Than a PGA Tour Pro"!

### PERCENT 1 PUTT :

DISTANCE	ATTEMPTS	WENDY'S 2017 AVG	TARGET	PGA YOUR AVG
1-3	49	100%	96%	95%
4-5	25	92%	75%	73%
6-10	155	58%	42%	40%
11-15	125	24%	22%	20%
16-20	98	13%	13%	12%
21-30	113	7%	8%	8%
31-50	96	5%	5%	4%
Total	666	33%	33%	31%

### PERCENT 3 PUTT :

DISTANCE	ATTEMPTS	WENDY'S 2017 AVG	TARGET	PGA YOUR AVG
1-10	229	0%	1%	1%
11-20	223	0%	3%	3%
21-30	113	7%	8%	9%
31-40	68	15%	16%	17%
41-50	28	14%	23%	24%
51-99	4	75%	29%	31%
Total	666	4%	5%	5%
Total	666	33%	33%	31%