

Nanny Plan

July 23rd - August 6th

MON	TUES	WED	THURS	FRI	SAT	SUN
Comfort Food Biscuits and Sausage Country Gravy Book 1 Page 44 Green Beans Corn on cob Fresh Fruit for Dessert	Italian West Virginia Hot Dogs. Book 2. Page 163 Potato Salad. Book 1. Page 196 Baked Beans. Book 2. Page Corn on Cob Watermelon Grandmas Eva's Spudnuts Book 2. Page 293	Fish & Meatless Broccoli and Swiss Cheddar Frittata Book 2. Page 84	Mexican Carne Asada Tacos Book 1 Page 112 Mexican Beans and Rice Book 1. Page 122	Pizza Choose a Flavor Pizza Book 1. Page 138	Grill Grilled Salmon Book 1. Page 159 Jasmine Rice Book 2 Grilled Veggies Garlic Bread. Book 1. Page 227	Traditions Marinated Flank Steak Book 2. Page 166 Creamy Horseradish sauce. Book 2. Page 170 Grilled Creamy Potatoes. Book 2 Page 175 Broccoli and Cauliflower or left over veggies from last night Left over Garlic Bread
MON	TUES	WED	THURS	FRI	SAT	SUN
Comfort Food Chicken Fajita Soup Book 1. Page 52 Peach Crisp Book 1. Page 260. (use Fresh Peaches instead of Apples)	Italian Athens Greek Salad. Book 2. Page 257 BBQ Cheese Crusted Steak. Book 2. Page 179 Great Garlic Bread. Book 2. Page 237	Fish & Meatless Linguini with Shrimp Book 2. Page 79 Leftover Great Garlic Bread Asparagus Zucchini	Mexican Melt in your Mouth Burritos (put on Grill instead of in the oven) Book 2. Page 116	Pizza Pepperoni Pizza Book 1. Page 138	Grill Herb Crusted Chicken Grilled Sandwich Book 2. Page 227 Potato Chips Raw Veggies and Dill Dip. Book 1. Page 272	Traditions Grilled Marinated London Broil With sautéed mushrooms. Book 1. Page 155 Baked Potatoes or Baked Yams (Wrap in foil and put on BBQ) for an hour on medium heat) Green Veggies on the Grill