



# 6 Steps to Manifesting Anything

FROM CLUB MAGIC HOUR MAGICIAN

Natalie Ledwell

## 1. Happy Place

Our emotions are the frequency we omit out into the Universe - so we want to omit high frequency as this is the vibrational match to abundance. High frequency emotions are Peace, Joy, Love, Acceptance, Pride, accomplishment etc.

Fastest way to get into high frequency is **Gratitude**.

## 4. Visualize

Now you get to have a full dress rehearsal in your mind!! Choose 1 affirmation or scene you are creating and immerse yourself with all your senses – sounds, tastes, smells, visuals and everything you feel both by touch and your emotions.

To turbo charge your visualizations you can add external sensory anchors that can transport you into this future in your mind with the emotions connected to it in an instant.

## 2. Set Intention

Setting Intentions sets the Universal wheels in motion to start moving things around so you have everything you need to create the future you want.

Recite your Intention each morning looking yourself in the mirror and saying with so much resolve and conviction that you and the Universe KNOW you're serious this time!!

## 5. Take Action

The best most vivid visualizations won't manifest anything unless you're off your couch and out there in the right place at the right time to receive and utilize all the chance meetings, opportunities, perfect connections, collaborations and gifts the Universe will send your way for you to start living your new life!!

All action leads to the right path and decisions so there's no such thing as the wrong action!!

## 3. Get Clear

Create a vision board, Mind Movie or even just a list of affirmations that comprehensively describe the future you want to create.

Affirmations written in present tense using the words of what you DO want and avoiding words like pain, debt, lonely, no, don't, not, etc.

## 6. Surrender

The hardest step of all. Now that you are in vibrational alignment to your dreams and goals it's time to let go, surrender and TRUST the Universe has your back.

Everything happens in it's own divine timing exactly when it's supposed to. If you assume you know how it's going to happen you'll be cutting off the flow between you and the Universe.